



## Treating the Invisible Wounds of War

Approximately 2.3 million Service members and 1.2 million Soldiers have deployed since 2001. In today's unique combat situation--where there is no front line and constant vigilance must be maintained on the ground, where individuals are serving as many as four deployments that are longer in duration than in the past, and where Service members and Families are asked to give more because of our all-volunteer military--we're learning that, "The wounds of war are not limited to the battlefield."

Army OneSource (AOS), a Secretary of the Army Initiative, is encouraging physicians, behavioral health providers, first responders, and other professionals who may see a veteran or Family member on an unrelated issue, to learn more about military culture and the traumas of war. Through an online series of courses titled, "Treating the Invisible Wounds of War," AOS is providing FREE access to education on military culture and Family issues, best practices for identifying, assessing, and treating behavioral health problems and traumatic brain injury (TBI), and the unique issues of women in combat.

### Available courses:

1. **Treating the Invisible Wounds of War**, Length: 4 Hours (also available in Spanish); Credit Type(s): 4.0 NBCC Hours - Provider #5470; 4.0 CNE Contact Hours (AP004-1211); 4.0 NASW CE Hours (Approval #886592367-9886); 4.0 DC Contact hours; Contact Hours; 0.4 CEU; 4 Contact Hours (category B) CE for NC Psychologists; 3.0 CEUs accepted by ACPPE
2. **A Primary Care Approach**, Length: 1 Hour; Credit Type(s): 1.0 AMA PRA Category 1 Credit, 1.0 AAFP Prescribed
3. **Issues of Women Returning from Combat**, Length: 3 Hours; Credit Type(s): 3.0 Contact Hours NBCC (Provider #5470); 3.0 CNE Contact Hours (AP004-1212); 3.0 DC Contact hours; 3 Contact Hours (category B) CE for NC Psychologists; 0.3 CEU; 3.0 Contact Hours
4. **Recognizing the Signs of mTBI during Routine Eye Examinations**, Length: 2 Hours; Credit Type(s): 2.0 COPE Hours (Course ID: 32660-NO), 2.0 Contact Hours, 0.2 CEU
5. **Understanding Military Family Issues**, Length: 3 Hours; Credit Type(s): 3.0 NBCC Credit Hours (Provider #5470); 3.0 Contact Hours; 0.3 CEU

In addition to better supporting Service members, those who complete the course may be eligible for FREE Continuing Education Unit(s) (CEU) and will receive a certificate of completion and a poster inviting Service members and their Families to talk to a health professional about any troubling symptoms.

### Instructions:

From your browser, go to [www.ahconnect.com/citizensoldier](http://www.ahconnect.com/citizensoldier)

Step 1: Click the "Signup" link at the top of the screen

Step 2: Create a personal user account following the instructions

\*NOTE: Be sure to enter your AOS referral code in the space provided.

If you don't have a referral code, contact your local AOS Community Support Coordinator.

Step 3: Click the "Log in" link and enter your new ID and password

Step 4: Click the "Courses" link at the top of the screen

Step 5: Select a course you wish to complete

Step 6: Click on "Register"

Once you complete the course, your CEU will be recorded and you will have access to download and print a certificate of completion.

Thank you for your support!



**U.S. ARMY**

ARMY OneSource